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AHPSI expresses sincere gratitude to the distinguished institutions, medical centers, professionals, and community leaders whose support makes this important academic and community event possible.

- Montefiore Medical Center
- The University Hospital for Albert Einstein College of Medicine, Bronx, New York
- Universidad Católica de Honduras, UNICAH
- SOMOS Community Care, Dr. Ramon Tallaj
- Dr. Manuel Mejia, MD
- UCC 181TH Urgent Care, Dr. Hector Reyes
- Boston Road Medical Center, Dr. Jorge Cornielle
- Briggs Family Pediatrics, Dra. Carmen Lazala, MD
- Vita Mobile Care, Paulina de Leon
- Juan Alba, MD
- Dr. David Lazala, MD
- Marino Torres, Pediatrics 2000, MD
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- Passaic Pediatric, Passaic, New Jersey
- Ramon Ferrand, MD
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- Center for Adult Medicine and Preventive Care, Dr. Carlos A. Tejeda
- Centro Médico Dominicano, Dr. Eliscer Guzman & Dr. Fernando Taveras
- TV AHPSI, Tu Voz

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Contact Information

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Hispanic Health Professionals
Association, Inc. (AHPSI) - New York

XX Annual International Multidisciplinary Medical Congress

X Annual Dr. Marcos Charles Santana
Health Legacy Award



Scientific Program

Practical Approach to Immunological Diseases

Sunday, May 24, 2026

Montefiore Medical Center - Cherkasky
Auditorium 111 East 210th Street, Moses
Division, Bronx, New York 10467

Organized by: Hispanic Health Professionals
Association, Inc. (AHPSI) - New York

Dr. Aritmedes Restituyo, President | info@ahpsi.org | 732-277-9640

About AHPSI

AHPSI Mission

AHPSI's mission is to serve as an organization of support, guidance, education, and professional development for Hispanic health professionals in the United States, fostering academic excellence, community integration, leadership, continuing education, and access to new opportunities for growth for our immigrant community.

AHPSI Vision

AHPSI's vision is to be a reference of excellence in immigrant Hispanic healthcare in the United States, providing quality services, promoting professional and personal development, and strengthening the integration and advancement of Hispanic health professionals and the communities they serve.

Congress Mission

The mission of this congress is to promote an academic space of excellence that brings together specialists, clinicians, researchers, educators, students, and community leaders to share experiences, scientific advances, and practical tools on high-impact topics in modern medicine, with special emphasis on the clinical and interdisciplinary approach to immunological diseases.

Registration Information

Registration Fee: US\$50 professionals | US\$25 students Open
Registration: Google Forms link available through AHPSI. For More
Information: 732-277-9640 | info@ahpsi.org

Program Notes

All academic presentations are scheduled for 25 minutes unless otherwise noted. Moderators should help each session begin on time and conclude within the assigned time frame. Questions may be received from the in-person audience, Zoom, and the TV AHPSI YouTube channel.

Scientific Program

Opening Session and First Academic Block

Time	Session / Presentation	Presenter
7:30 - 7:50 a.m.	Registration and Participant Welcome	
7:50 - 8:00 a.m.	Opening Remarks	AHPSI - New York
FIRST ACADEMIC BLOCK		
Moderator: Dr. Keila Perez Professional licensure and certification		
8:00 - 8:25 a.m.	AHPSI: From Yesterday to Tomorrow - Institutional Evolution and New Programs within the Framework of the XX Annual	 Dra. Carmen Tereza Rodríguez Moronta
8:25 - 8:50 a.m.	How to Obtain Your Alcohol and Drug Counselor License in NY and NJ: Key Steps and Strategies	 Dr. Rosmery Durán Ubiera, M.D., Ph.D.
8:50 - 9:15 a.m.	AHPSI, Diagnostic Medical Sonography: Pathway to Certification for International Professionals	 Dr. José David Carrillo
9:15 - 9:40 a.m.	Foreign-Educated Nurses: Initial Steps to Licensure in the U.S.	 Dr. Yolanny Ramirez
9:40 - 10:05 a.m.	Foreign-Trained Professionals: Understanding What a Psychiatric-Mental Health Nurse Practitioner (PMHNP) Is and Its	 Dr. Freddy Flores, PMHNP
10:05 - 10:30 a.m.	The Role of the Nurse Practitioner: Evolution and Opportunities for Nurses and Physicians Educated Abroad	 Dr. Juan Baños Martínez, NP
10:30 - 10:55 a.m.	Honduran Nursing in the Latin American Context: History and Challenges	 Lic. Orbelia Lopez Orellana
10:55 - 11:05 a.m.	Morning Break	

Scientific Program

Second Academic Block, Recognition Ceremony, and Lunch

Time	Session / Presentation	Presenter
SECOND ACADEMIC BLOCK		
Moderator: Dr. Jasmin Del Orbe Immunology and translational research		
11:05 - 11:30 a.m.	Gut and Immunity: Beyond Inflammatory Bowel Disease	 Dr. Victor Acosta, MS.Ed., RDN, CDN, CDCES, TVI, FAND
11:30 - 11:55 a.m.	The Lung-Immune Axis: From Inflammation to Therapeutic Innovation	 Dr. Héctor Javier Castro
11:55 a.m. - 12:20 p.m.	Neuroimmunometabolism in Autism: Methylation, Folates, and BCAAs	 Dr. Erdon Garcia, with Dra. Dahiana Valentin Garcia and
12:20 - 12:45 p.m.	Immunology of Addictions: Understanding the Drug-Immunity Connection	 Dr. Rosmery Durán Ubiera, M.D., Ph.D.
12:45 - 1:00 p.m.	Transition to Recognition	
1:00 - 1:45 p.m.	X Annual Dr. Marcos Charles Santana Health Legacy Award	 Honorees 2026: Mr. José Brito Bueno; Mr. Samuel Sánchez Evangelista; Dra. Nicole S. De Leon;
1:45 - 2:15 p.m.	Lunch	

Scientific Program

Third Academic Block and Closing Session

Time	Session / Presentation	Presenter
THIRD ACADEMIC BLOCK		
Moderator: Dr. Carmen Tereza Rodríguez Cardiovascular medicine and dermatology		
2:15 - 2:40 p.m.	Immunological Diseases and Cardiovascular Risk: Beyond Traditional Factors	 Dr. Nicole S. De Leon
2:40 - 3:05 p.m.	Cardiovascular Risk in Prediabetes vs. Diabetes: Perspectives from Immunology	 Dr. Eliscer Guzman
3:05 - 3:30 p.m.	Cutaneous Immunology: Inflammatory Manifestations from Atopy to the Dermatologic Spectrum	 Dr. Robinson J. Diaz
3:30 - 3:40 p.m.	Afternoon Transition / Visit to	
3:40 - 4:15 p.m.	General Reflections, Academic Discussion, Moderator Questions, and Institutional Acknowledgments	AHPSI Academic Committee and Moderators
4:15 - 4:25 p.m.	Closing Remarks	AHPSI - New York
4:25 - 4:30 p.m.	Final Announcements and Adjournment	

Organizing Committee	
Dr. Carlos Augusto Williams	Dr. Aritmedes Restituyo
Dr. Leonor Tavárez	Sra.Paulia De Leon.
Dr. Carmen Tereza Rodríguez	Dr. Lourdes Piña
Dr. Jasmin Del Orbe	Lic. Evelin Mateo
Lic. Maria Sanchez Peguero	Lic. Eglis Gainza