

Mini Biographies of Panelists

XX Annual International Multidisciplinary Medical Congress

Sunday, May 24, 2026 | Montefiore Medical Center - Cherkasky Auditorium

111 East 210th Street, Moses Division, Bronx, New York 10467

Central Theme: Practical Approach to Immunological Diseases

Information: 732-277-9640 | info@ahpsi.org

Dra. Carmen Tereza Rodriguez Moronta

Dra. Carmen Tereza Rodriguez Moronta is a distinguished health and education professional with training in rehabilitation and physical therapy. She has a strong academic and community service background, including graduate studies in higher education and extensive teaching experience in basic sciences. She has served as a guest lecturer at AHPsi medical congresses and has actively participated in TV AHPsi, "Tu Voz." As a member of the Board of Directors of the Hispanic Health Professionals Association, Inc. NY, she has contributed consistently to educational, community, and professional guidance programs for Hispanic health professionals in the United States.

Presentation Title: AHPsi: From Yesterday to Tomorrow - Institutional Evolution and New Programs within the Framework of the XX Annual Medical Congress

Dra. Rosmery Duran Ubiera, M.D., Ph.D.

Dra. Rosmery Duran Ubiera is a physician and academic professional with training as a Doctor of Medicine from Universidad Central del Este (UCE) and a Ph.D. in Basic and Applied Immunology. Her professional interests include immunology, addiction-related health issues, and professional orientation for internationally trained physicians seeking pathways in the United States. Through AHPsi, she contributes to educational initiatives that support immigrant health professionals as they explore licensing, certification, and professional development opportunities.

Presentation Title: Professional Guidance and Licensing Pathways for Internationally Trained Health Professionals

Dr. Jose David Carrillo Ojeda

Dr. Jose David Carrillo Ojeda is a physician, industrial engineer, and medical sonographer with advanced training in diagnostic ultrasound, clinical echocardiography, and occupational risk prevention. In the United States, he is certified as a medical sonographer with specialization in OB/GYN and vascular technology. His professional profile integrates medical knowledge, imaging technology, safety, and technical management, allowing him to contribute to the training of new professionals in diagnostic ultrasound.

Presentation Title: AHPSI, Diagnostic Medical Sonography: Pathway to Certification for International Professionals

Dra. Yolanny Ramirez

Dra. Yolanny Ramirez is a graduate of medicine from Universidad Central del Este (UCE), class of 2011. After continuing her professional development in the United States, she has built broad experience in clinical and administrative areas, including roles as medical assistant, phlebotomist, office manager, nurse, care manager, and currently Family Nurse Practitioner in primary care. Her work focuses on vulnerable populations and patients with chronic conditions such as hypertension, diabetes, anemia, and dyslipidemia. She is also the founder of Edumedical, an initiative dedicated to guiding and empowering foreign-trained health professionals seeking integration into the U.S. healthcare system.

Presentation Title: Foreign-Educated Nurses: Initial Steps to Licensure in the U.S.

Dr. Freddy Flores Ferreras, CRNP

Freddy Flores, CRNP, is a board-certified Family Nurse Practitioner with specialized training in gerontology and psychiatry. He provides comprehensive and compassionate care that addresses both physical and mental health, recognizing their connection in overall well-being. He completed his Master's degree in Family Care at Miami Regional University in 2020 and later earned a Post-Master's Certificate in Psychiatry from the same institution, graduating Magna Cum Laude in 2023. His clinical work includes office-based care, home visits, assisted living facilities, and skilled nursing facilities.

Presentation Title: Advanced Practice and Mental Health Opportunities for Internationally Trained Professionals

Dr. Juan Banos Martinez

Dr. Juan Banos Martinez is a distinguished health professional whose academic, clinical, and teaching career reflects discipline, perseverance, and continuous growth. His background includes medical training in El Salvador, a medical residency in general and laparoscopic surgery at Hospital Militar Central in San Salvador, a Master of Public Health degree, and ECFMG certification. In the United States, he has served as a medical instructor and adjunct professor in New Jersey and Massachusetts and has contributed to AHPSI's online review course for Certified Medical Assistants. He also holds nursing credentials and Nurse Practitioner certification.

Presentation Title: The Role of the Nurse Practitioner: Evolution and Opportunities for Nurses and Physicians Graduated Abroad

Lic. Orbelia Lopez Orellana

Lic. Orbelia Lopez Orellana is an academic leader in nursing education and serves as Dean of the Faculty of Nursing at Universidad Catolica de Honduras (UNICAH). Her professional work highlights the importance of nursing leadership, academic formation, and the development of health professionals within the Latin American context. Her participation strengthens the international and multidisciplinary character of the congress, bringing an important perspective on nursing history, education, and regional challenges.

Presentation Title: Honduran Nursing in the Latin American Context: History and Challenges

Victor Acosta, MS.Ed., RDN, CDN, CDCES, TVI, FAND

Victor Acosta is a bilingual clinical nutrition professional with a strong background in nutritional care, diabetes education, and service to populations with special needs. He serves as a Bilingual Clinical Nutrition Manager and holds multiple professional credentials, including Registered Dietitian Nutritionist, Certified Dietitian Nutritionist, Certified Diabetes Care and Education Specialist, Certified Teacher of the Blind and Visually Impaired, and Certified Special Education Teacher. He is also a Fellow of the Academy of Nutrition and Dietetics, a distinction that recognizes leadership and excellence in nutrition and dietetics.

Presentation Title: Gut and Immunity: Beyond Inflammatory Bowel Disease

Dr. Erdon Garcia, Dra. Dahiana Valentin Garcia, and Dra. Elianny Berrido Garcia

This scientific session will be presented by three clinical researchers. Dr. Erdon Garcia is a family physician and clinical researcher; Dra. Dahiana Valentin Garcia is a physician-nutritionist and clinical researcher; and Dra. Elianny Berrido Garcia is a family and community medicine physician with training in integrative medicine and an emphasis on metabolic health, therapeutic nutrition, and preventive medicine. Together, they will address the connection between metabolism, immunology, and neurodevelopment, particularly in autism spectrum disorder.

Presentation Title: Neuroimmunometabolism in Autism: Methylation, Folates, and BCAAs

Dr. Hector Javier Castro

Dr. Hector Javier Castro is a physician trained at Universidad Autonoma de Guadalajara with professional specialization in internal medicine, hospital medicine, pulmonology, healthcare research, healthcare policy, and critical care medicine. His postgraduate training includes residency in internal medicine and fellowship in pulmonary disease at Mount Sinai Cabrini in New York. His clinical and academic background brings valuable expertise to the discussion of respiratory health, inflammation, and immune-mediated disease processes.

Presentation Title: The Lung-Immune Axis: From Inflammation to Therapeutic Innovation

Dra. Nicole S. De Leon De La Cruz

Dra. Nicole S. De Leon De La Cruz is a board-certified cardiologist specializing in non-invasive cardiology. Her clinical focus includes hospital cardiology, cardiovascular imaging, and women's cardiovascular health. She completed cardiology training at Maimonides Medical Center in Brooklyn, New York, where she gained extensive experience in complex cardiovascular conditions in both hospital and outpatient settings. She is recognized for patient-centered care, clinical judgment, adaptability in complex environments, and collaborative multidisciplinary practice. She speaks English, Spanish, and Italian.

Presentation Title: Immunological Diseases and Cardiovascular Risk: Beyond Traditional Factors

Dr. Eliscer Guzman

Dr. Eliscer Guzman is a distinguished Dominican cardiologist based in New York City with more than five decades of experience in medicine. He graduated as a physician in 1973 from Universidad Nacional Pedro Henriquez Urena (UNPHU) in the Dominican Republic. He completed residency in internal medicine and fellowship in cardiovascular diseases at BronxCare Health System, formerly Bronx-Lebanon Hospital, and holds board certifications in internal medicine and cardiology. Dr. Guzman is also a historic figure for AHPSI as one of the founders of the organization in 1989.

Presentation Title: Beyond A1c: Diabetes and Cardiovascular Risk

Dr. Robinson J. Diaz

Dr. Robinson J. Diaz is a recognized clinical, surgical, and aesthetic dermatologist based in the Orlando, Florida area. He graduated from Universidad Tecnologica de Santiago (UTESA) and has specialized training in internal medicine, dermatology, and aesthetic and surgical dermatology. He is certified by the American Board of Aesthetic Medicine and is a member of major professional organizations. Dr. Diaz is founder and medical director of Amelia Cosmetic Dermatology, president of Amelia Medical Group, founder of Amelia Academy, CEO of MDR Skincare, and author of Dermatologia Basica: Para No Dermatologos.

Presentation Title: Dermatology and Immunity: From Atopic Dermatitis to Inflammatory Skin Diseases